

## 過敏症測試計劃套餐

### Allergy Test Screening Package

		男 Male	女 Female
<b>檢測前諮詢 Initial Consultation</b>			
醫生會診	Doctor Consultation	•	•
<b>全面體格檢查 General Health Assessment</b>			
心率、血氧飽和度、體溫、呼吸頻率、 血壓、身高、體重、身高體重指數及 腰圍量度	Pulse Rate, Oxygen Saturation, Body Temperature, Respiratory Rate, Blood Pressure, Height, Weight, Body Mass Index & Waist Circumference	•	•
<b>環境及食物致敏原測試（血液測試） Environmental &amp; Food Allergens Test (Blood Test)</b>			
ALEX3 IgE 過敏測試 （約300項分子食物和環境過敏原）	ALEX3 IgE Allergy Test （approximately 300 IgE molecular food and environmental allergens）	•	•
<b>其他 Others</b>			
醫生跟進及報告分析	Medical Consultation and Report Analysis	•	•
<b>套餐價 Package Price</b>		<b>HK\$4,500</b>	

#### 條款及細則 Terms & Conditions:

- 優惠期由即日起至2026年12月31日。  
Promotion period from now until 31 December 2026.
- 必須預約，並於預約時指明欲參加之套餐。  
查詢或預約方法：a. 港怡醫匯 – 致電 (+852) 3903 8688；  
b. 港怡遙距醫健視像會診 – 網上預約: <https://go.ghk.hk/gvcgpchi>。  
Advance booking is required. Please specify the choice of screening package at time of booking.  
Enquiry and booking method: a. Gleneagles Healthcare at (+852) 3903 8688;  
b. Gleneagles TeleCare virtual consultation, make an appointment online: <https://go.ghk.hk/gvcgpeng>.
- 服務地點：a. 港怡醫匯 (黃竹坑) — 香港黃竹坑香葉道8號 (Marina 8) 10樓；  
b. 港怡醫匯 (海怡) — 香港鴨脷洲海怡路12A號海怡廣場西翼1樓121號舖；或  
c. 港怡醫匯 (翰林匯) — 香港皇后大道西460號翰林匯地下1號舖。  
Service location: a. Gleneagles Healthcare Wong Chuk Hang, Hong Kong – 10/F, Marina 8, 8 Heung Yip Road, Wong Chuk Hang, Hong Kong;  
b. Gleneagles Healthcare South Horizons, Hong Kong – Unit 121, 1/F, Marina Square, The West Commercial Block, 12A South Horizon Drive, Ap Lei Chau, Hong Kong; or  
c. Gleneagles Healthcare Novum Place, Hong Kong – Shop No. 1, Ground Floor, Novum Place, 460 Queen's Road West, Hong Kong.
- 此套餐只適用於六歲或以上之人士。  
The package is only applicable to persons aged 6 or above.
- 本套餐不包含專科醫生診症費用、治療費、藥費等。  
Specialist's follow-up consultation, treatment or medication shall not be provided for the package.
- 此套餐不可與其他套餐同時使用，不可兌換現金或其他產品，並不能轉讓及退款。  
This package cannot be used in conjunction with other package and cannot be exchanged for cash or other products. It is non-transferrable and non-refundable.
- 此套餐只適用於以自行支付形式結算，直接結算恕不適用。  
The above package is provided to self-pay clients only, direct billing is not applicable.
- 港怡醫匯保留更改以上所有條款及細則的權利。如有任何爭議，港怡醫匯保留最終決定權。  
Gleneagles Healthcare reserves the right to amend any of the above terms and conditions. In case of any dispute, the decision of Gleneagles Healthcare is final.

## ALEX3 IgE 過敏測試 – 約300項分子食物和環境過敏原

### ALEX3 IgE Allergy Test - approximately 300 IgE molecular food and environmental allergens

花粉 Pollens	
<b>草本類花粉</b>	<b>Grass Pollen</b>
百喜草	Bahia Grass
狗牙根	Bermuda Grass
蘆葦	Common Reed
黑麥	Cultivated Rye Pollen
梯牧草	Timothy Grass
<b>樹木類花粉</b>	<b>Tree Pollen</b>
金合歡屬花粉	Acaica
杞木花粉	Alder
亞利桑那柏樹花粉	Arizona Cypress
白臘樹花粉	Ash
柏樹花粉	Cypress
懸鈴木花粉	London Plane Tree
大果刺柏樹花粉	Mountain Cedar
橡樹花粉	Oak
橄欖樹花粉	Olive
構樹	Paper Mulberry
白樺樹花粉	Silver Birch
日本雪松花粉	Sugi
臭椿	Tree of Heaven
胡桃樹花粉	Walnut Pollen
<b>雜草類花粉</b>	<b>Weed Pollen</b>
反枝莧	Common Pigweed
大麻	Hemp
藜	Lamb's Quarter
艾蒿	Mugwort
豚草	Ragweed
長葉車前草	Ribwort
俄國刺豚毛草	Russian Thistle
猶太牆草	Wall Pellitory

蟎蟲 Mites	
<b>屋塵蟎</b>	<b>House Dust Mite</b>
粉塵蟎	American House Dust Mite
屋塵蟎	European House Dust Mite
<b>倉儲蟎</b>	<b>Storage Mite</b>
粗足粉蟎	Acarus Siro
熱帶無爪蟎	Blomia Tropicalis
家甜食蟎	Glycyphagus Domesticus
害嗜鱗蟎	Lepidoglyphus Destructor
腐食酪蟎	Tyrophagus Putrescentiae

微生物及孢子 Microorganisms & Spores	
<b>酵母菌類</b>	<b>Yeast</b>
合板馬拉色菌	Malassezia Sympodialis
酵母菌類	Yeast
<b>霉菌</b>	<b>Moulds</b>
鏈格孢	Alternaria Alternata
煙曲霉	Aspergillus Fumigatus
蠟葉芽枝霉	Cladosporium Herbarum
產黃青霉	Penicilium Chrysogenum

植物類食品 Plant-Based Food	
<b>豆類</b>	<b>Legumes</b>
鷹嘴豆	Chickpea
扁豆	Lentil
豌豆	Pea
花生	Peanut
松子	Pine Nut
黃豆	Soy
<b>穀物</b>	<b>Cereals</b>
大麥粉	Barley
蕎麥粉	Common Buckwheat
黑麥粉	Cultivated Rye
白羽扁豆	Lupine Seed
玉米粉	Maize
小米	Millet
燕麥粉	Oat
藜麥	Quinoa
斯佩爾特麥	Spelt
麵粉 / 小麥	Wheat
<b>香草類</b>	<b>Spices</b>
芥末	Mustard
<b>水果類</b>	<b>Fruits</b>
蘋果	Apple
香蕉	Banana
櫻桃	Cherry
椰子	Coconut
無花果	Fig
葡萄	Grapes
奇異果	Kiwi
芒果	Mango
蜜瓜	Melon
木瓜	Papaya
桃	Peach
梨	Pear
草莓	Strawberry
<b>蔬菜</b>	<b>Vegetables</b>
牛油果	Avocado
芹菜	Celery
大蒜	Garlic
洋葱	Onion
馬鈴薯	Potato
蕃茄	Tomato
<b>堅果類</b>	<b>Nuts</b>
杏仁	Almond
巴西堅果	Brazil Nut
腰果	Cashew
榛子	Hazelnut
夏威夷果仁	Macadamia
山核桃	Pecan
開心果	Pistachio
核桃	Walnut
<b>種子類</b>	<b>Seeds</b>
罌粟籽	Poppy Seed
南瓜籽	Pumpkin Seed
芝麻	Sesame
葵花籽	Sunflower Seed

動物類食品 Animal Food	
<b>奶類</b>	<b>Milk</b>
駱駝奶	Camel's milk
牛奶	Cow's Milk
α-乳白蛋白	Cow's milk α-lactalbumin
β-乳清蛋白	Cow's milk β-lactalbumin
酪蛋白 (Bos d 8, 9, 10, 11, 12)	Cow's milk (Bos d 8, 9, 10, 11, 12)
山羊奶	Goat's Milk
馬奶	Mare's Milk
羊奶	Sheep's Milk
<b>蛋類</b>	<b>Egg</b>
蛋白	Egg White
蛋黃	Egg Yolk
溶菌酶 C	Egg White Lysozyme C
卵清蛋白	Egg White Ovalbumin
卵粘蛋白	Egg White Ovomucoid
卵轉鐵蛋白	Egg White Ovotransferrin
白蛋白	Egg Yolk Serum Albumin
<b>海鮮</b>	<b>Seafood</b>
鱈魚	Atlantic Cod
大西洋鯖	Atlantic Mackerel
虎蝦	Black Tiger Shrimp
褐蝦	Brown Shrimp
鯉魚	Carp
蜆	Clam
蟹	Crab
長臂大蝦	Giant Freshwater Prawn
異尖線蟲	Herring Worm
鯊魚	Herring
龍蝦	Lobster
北方長額蝦	Northern Prawn
三文魚	Salmon
蝦	Shrimp
墨魚	Squid
劍魚	Swordfish
鱈魚虹魚	Thornback Ray
吞拿魚	Tuna
<b>肉類</b>	<b>Meat</b>
牛肉	Cattle Meat
雞肉	Chicken Meat
馬肉	Horse Meat
豬肉	Pork
兔肉	Rabbit Meat
紅肉	Red Meat
羊肉	Sheep Meat
火雞肉	Turkey

膜翅目毒液 Hymenoptera Venoms	
<b>火蟻毒</b>	<b>Fire ant poison</b>
火蟻	Fire Ant
<b>蜜蜂毒液</b>	<b>Honey Bee Venom</b>
蜜蜂	Honey Bee
<b>胡蜂毒液</b>	<b>Wasp Venom</b>
長黃胡蜂	Hornet
造紙胡蜂	Paper Wasp Venom
黃蜂	Wasp Venom
<b>蟑螂</b>	<b>Cockroach</b>
美洲蟑螂	American Cockroach
德國蟑螂	German Cockroach

動物起源 Animal Origin	
<b>寵物</b>	<b>Pet</b>
貓毛	Cat Epithelia
牛毛	Cattle Epithelia
短尾侏儒倉鼠	Djungarian Hamster
狗毛	Dog Epithelia
山羊毛及皮膚	Goat, Epithel
金倉鼠毛	Goldhamster Epithelia
天竺鼠 / 豚鼠毛	Guinea Pig Epithelia
馬毛及皮膚	Horse, Epithel
小鼠毛	House Mouse Epithelia
豬毛	Pig Epithelia
兔毛及皮膚	Rabbit, Epithel
大鼠毛	Rat Epithelia
羊毛及皮膚	Sheep, Epithel

其他 Others	
<b>乳膠</b>	<b>Latex</b>
乳膠	Latex
<b>蕈草屬</b>	<b>Ficus</b>
花菜榕	Weeping Fig
<b>交叉反應性碳水化合物決定因子</b>	<b>CCD</b>
乳鐵蛋白	Hom s Lactoferrin
<b>寄生蟲</b>	<b>Parasite</b>
鴿銳線蟎	Pigeon Tick
<b>昆蟲</b>	<b>Insects</b>
家蟋蟀	House Cricket
黃粉蟲 / 麵包蟲	Mealworm
東亞飛蝗	Migratory Locust

此列表僅供參考，並將適時進行更新。如須參閱致敏原全列表，請與診所職員查詢。  
This list is for reference only and will be updated as necessary. Please contact clinic staff for a complete list of allergens.